

# VALERIE RENÉ SHEPPARD

The Actors Room Management

Steven G. Lowe, 714-313-1824

[www.ValerieReneSheppard.com](http://www.ValerieReneSheppard.com)

**Dynamic, Versatile Thinking Actress**

**Height 5'7 Weight 145 Hair/Eyes Dark Brown**

**SAG/AFTRA**

## TELEVISION

Hip Hop Harry

Girlfriend's Night In

Double Trouble

Recurring Guest Star (Mail Carrier Carla)

Guest Star (Rotor Woman)

Star (Angela)

Discovery Kids/C to the B Productions

Lifetime Television

PBS/WNVETA

## FILM

Ladies & Gentlemen: We Are Floating  
in Space

Away From Home

The Joining

Star/Lead (Sarah)

Star/Lead (MaryLou)

Co-Star (Professor Mann)

Director Kyle Smith

Producer/Director Wes Culwell

Producer/Director Billy Chafin

## COMMERCIAL

Sun Trust Bank

USC Promo

Pristiq

Corporate Campaign Kick-Of

Smoking Cessation - "Mural"

Gilkey Windows

Principal (Banking Customer)

Principal (Mom)

Supporting (Ballroom Dancer)

Principal (Office Executive)

Supporting (Bus Stop Woman)

Principal (Woman D)

Furlined/Caps Universal

Bute Rutherford Entertainment

Bristol Myers Squibb

United Way

Tobacco Use Prevention Foundation

Holland Communications

## HOSTING

Women's Information Network

Focus - A Special Report

Action Auction

Show Host

Co-Host

Co-Host

<http://www.thewinonline.com/shows>

WCET-48, Cincinnati, OH

WCET-48, Cincinnati, OH

## VOICE OVER

The Wheels on the Bus

Mentors for Youth PSA

Unity of Tustin Ticket Line

Guest Star (Cat)

Lead (Self)

Lead (Announcer)

Our Happy Child Productions

Producer Steven G. Lowe

Unity of Tustin School of Light

## INDUSTRIAL

Telephone Courtesies

Dealing with theirate Customer

W.A.Y.M.I.S.H.

Diabetes Grand Rounds

Rose Hills Infomercial

Working With You is Killing Me

Bariatric Treatment Centers

Preventing Abuse of the Elderly in

Nursing Homes

Lead (Grace Johnson)

Supporting (Office Supervisor)

Supporting (Bank Supervisor)

Principal (MD Trainer)

Principal (Customer Testimonial)

Supporting (Office Girlfriend)

Principal (Mammotome Woman)

Supporting (Director of Nursing)

Kantola Productions

Armstrong Moving Pictures

Armstrong Moving Pictures

Innovative Direct Response

Innovative Direct Response

Gravity Video Productions

GSW & Associates

Heartland Centers - Oak Ridge

## TRAINING

MBA, Marketing, with Honors: The Whitman School, Syracuse University, NY; BA, Speech Communication: George Mason University, VA

Scene Study/Character Development

Character Development

TV/Film Intensive

TV/Film/Commercial

Advanced Voice Over Performance

Presence for Public Speaking

Commercial/TV/Film

TV/Film

TV/Commercial

The Actor's Room

The Acting Center

The Actor's Intensive

The School for Film & Television, NYC

Warren B. Meyers Studio

Speak Your Power

AFTRA Conservatory Workshops

Playhouse in the Park, Atlanta GA

Acting Academy, Atlanta, GA

Steven G. Lowe

David Palladino et al

Kirk Baltz

Multiple

Warren B. Meyers

Marsh Engle

Multiple

Multiple

Multiple

## STAGE

Live Comedy Improv

Live Comedy Improv

The Imaginary Invalid

The Great Nebula in Orion

Once Upon a Playground

Principal (Self)

Principal (Self)

Supporting (Toinette)

Lead (Louise)

Co-Lead (Wanda)

Improv City

OC Crazy Beez

Patriot Players

Fairfax Thespians

Arlington Players

#### SPECIAL SKILLS

Experienced host, bowler, educator, soccer player, swimmer, snorkeler, runner, horseback rider (English seat), weight-lifter. Works well with animals and children. Proficient with ear and teleprompter, and cue cards. Beginning level stage combat. Current U.S. passport. Drives stick shift. Published author. Inspirational public speaker. Certified Sacred Contracts consultant. Expert marketer and business strategist. Certified Professionally Qualified to teach in collegiate schools of business by the AACSB.

#### RECOGNITION

2007 Celebrity Judge, 31<sup>st</sup> Annual Mrs. America Competition; 2007 Parent's Choice Award: Hip Hop Harry; 2007 Daytime Emmy Nomination, Outstanding Pre-School Children's Series: Hip Hop Harry; 2006 Intr'l Modeling & Talent Association Competition: 2<sup>nd</sup> Runner Up, Monologue; Top Ten Finalist, Cold Read, Sitcom, and Soap Opera. 2004-05 Ms. American Queen; 2004-05 Ms. Georgia American Queen; 2004-05 Barbizon Modeling Scholarship